



MD 133 Community Newsletter

Municipal District of Spirit River No. 133

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Next Regular Council Meetings re Jan. 18, 2010 and Feb. 1, 2010
at 9:00 a.m. at the MD office

Reminder: Contact the MD office three days prior to meeting to be added to the agenda
Next ASB Meeting is Feb. 8, 2010 at 9:00 am at the MD Office in Spirit River

• MD #133 Fire Department: (Fire Chief - Bill Mortland)

Winter meetings are held on the second and fourth Wednesday of each month. The next scheduled practice/meeting is on January 13, 2010 at 7:30 pm. For more details call Bill at 864-3057 or 864-0782.

• Public Works: (Jess Gingell - Public Works Supervisor)

In the event of Emergency Call Out of Municipal Equipment, please call in the following order:

1. Jess at (780) 864-9358 or 2. Mike M at (780) 864-9365
- or 3. Tom (780) 864-9600.

Gravel Testing at The Municipal Owned Pit in Whitelaw has been completed.

The municipality has just completed crushing enough gravel for the next two seasons and has stockpiled that gravel at the Dunvegan stockpile site ready for the coming years.

As part of our requirements of Alberta Environment Regulations and our need to know how much quantity and quality of gravel that remains within the quarter section of land which the MD owns we have used our track hoe to dig test holes on a grid pattern. Plans are presently being drawn up to establish where we will need to crush for the best possible gravel and the future supply of the pit.

Alberta and Prairie Shelterbelt Programs



Application forms are available at the office for Farmers and Acreage owners to apply for shelterbelt trees. For those people who are eligible for free trees from the Prairie Shelterbelt program you can select from nine varieties of deciduous trees, 12 varieties of deciduous shrubs including fruit trees and four evergreen varieties. You can visit their website for

more information at www.agr.gc.ca/pfra/shelterbelt_e.htm

The Alberta Shelterbelt Program has an application fee of \$26.25 plus a \$22.00 fee for each bundle of ten trees purchased. There are nine varieties of tall growing willow and poplar, six varieties of midsized tree including chokecherry and May Day, nine varieties of fruit and hedge trees and six varieties of evergreens including spruce, larch and pine. Applications can also be submitted over the internet at www.marketland.net

Applications for both programs will be received until March 15, 2010 and early applications have a better opportunity of getting the trees you want. The ASB will pick up the trees for distribution in late May.

MD WEB SITE: <http://www.mdspiritriver.ab.ca>

Do You Need Firewood? MD, Spirit River or Rycroft Residents

BRUSHING TO COMMENCE IN THE GREENWAY AREA EAST OF RYCROFT JANUARY 13, 2010. THE PUBLIC WORKS STAFF IS GOING TO BEGIN BY CLEANING UP BRUSH ALONG SOME OF THE RIGHT OF WAYS EAST OF RYCROFT. WE CLEAN THE BRUSH OUT OF THE DITCHES FOR A NUMBER OF REASONS. FIRSTLY, TALL BRUSH ALONG THE ROADS CREATES A MAINTENANCE PROBLEM AS IT DOES NOT ALLOW THE SUN AND WIND AT THE ROADS WHEN THEY ARE WET SO THEY STAY SOFT AND RUT EASILY IN THE SPRING AND SUMMER, SECONDLY, IN THE WINTER THEY CAN CREATE DRIFTING PROBLEMS IF THE BRUSH DENSITY IS WRONG, THIRDLY; THEY PROVIDE A VISIBILITY PROBLEM FOR THE PUBLIC WHERE MOOSE AND DEER CAN JUMP OUT FROM BEHIND CREATING A VISIBILITY CONCERN, AND FINALLY; THE BRUSH CAN CREATE TROUBLE WHILE WATER IS MOVING IN THE DITCHES FLOODING FIELDS AND ROADS. WE WILL USE A COMBINATION OF METHODS FOR REMOVING THE BRUSH INCLUDING A MULCHING HEAD WHICH GRINDS UP THE TREES. IT IS ADVANTAGEOUS FOR US TO CUT DOWN LARGER TREES AND LIMB THEM WITH A CHAINSAW RATHER THAN GRIND UP BIG TREE. THE ASB POLICY FOR THE COLLECTION OF FIREWOOD IS TO GIVE THE ADJACENT LANDOWNER FIRST RIGHT TO THESE TREES FOR FIREWOOD. SECOND; ARE ANY OTHER RATEPAYER, THIRD; THE MUNICIPALITY, AND FINALLY; THE PUBLIC.

IF YOU NEED FIREWOOD PLEASE CONTACT KELLY HUDSON BY THE ABOVE PHONE NUMBER OR EMAIL khudson@mdspiritriver.ab.ca ATTEMPTS WILL BE MADE TO LOCATE SOME STANDING OR DECKED LONG TREES FOR YOU TO CUT INTO STOVE LENGTHS AND HAUL AWAY FOR YOURSELVES.



Greetings from FCSS!

Just to let everyone know the van will be making its monthly trip to Grande Prairie on January 14th, so book your seats today!

As those with children in Kindergarten to grade 6 know, I've been sending home a monthly newsletter with the menu for the month along with healthy eating tips and trivia about the foods that we eat. What a better way to share the word than to also add a few tips to our weekly newsletter.

Did you know?

- There is the same amount of water on earth as there was when the earth was formed. The water that came from your faucet could contain molecules that Neanderthals drank...
- In the early 1800s salt was four times as expensive as beef on the frontier - it was essential in keeping people and livestock alive.
- If Jell-O is hooked up to an EEG (heart monitor), it registers movements virtually identical to the brain waves of a healthy adult.

Just to show that you can always learn something new.

Some Healthy Tips

- 1) Eat a variety of foods. The only food to contain all our needed nutrients is human milk for infants. The rest of us need to look at using foods from all four food groups.
- 2) Eat breakfast everyday for a good start. After all, when you wake up in the morning it's been approximately 9 hours since your last meal.
- 3) Quench your thirst! You've probably heard the "8 by 8" rule - drink eight 8-ounce glasses of water per day (2 quarts, 1.8 liters) - but the amount of water a person needs varies depending on his or her weight, activity level and climate.
- 4) Be active. Your body and muscles need to stay healthy, and every little activity counts. Kids, vacuum the living room rug. You'll get up and get moving, and your Mom and Dad will be happy too!